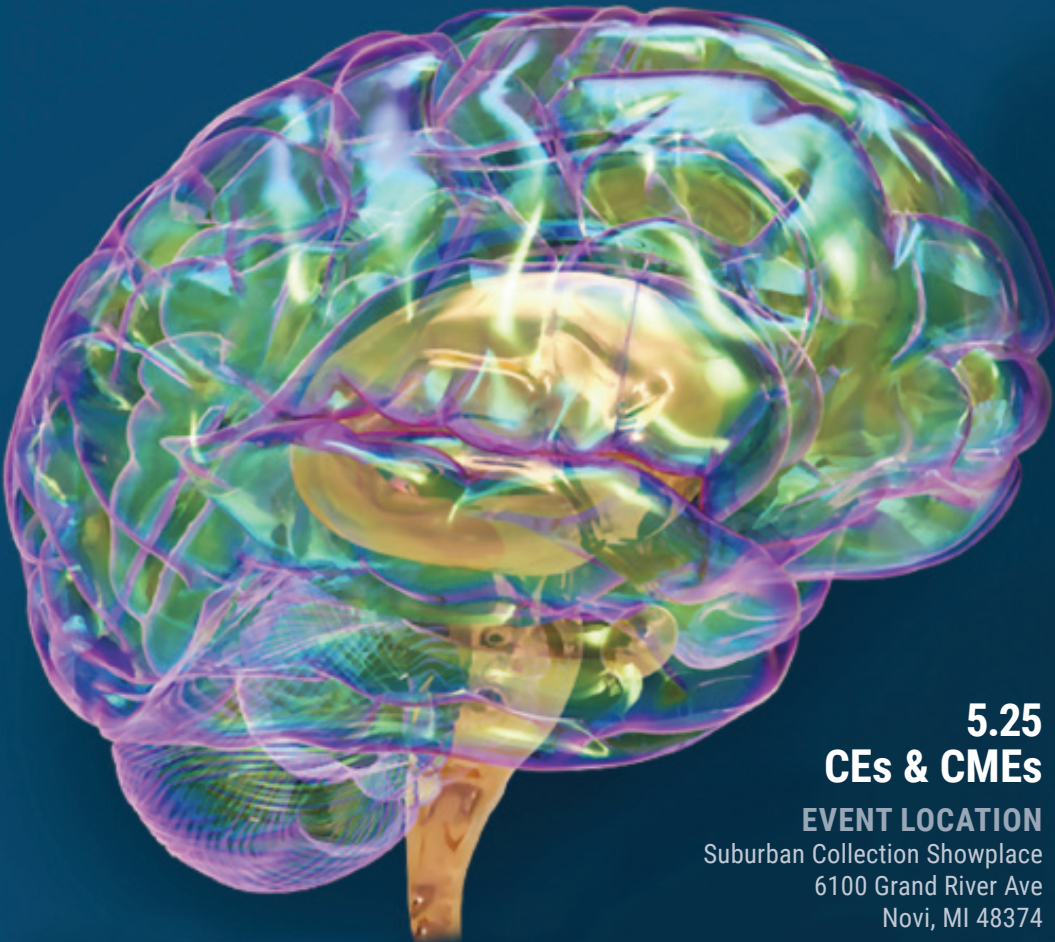




WAYNE STATE  
UNIVERSITY

# Responsive, Quality, Compassionate Care for the Person with Parkinson's Disease

SYMPOSIUM | JUNE 14, 2019



**5.25  
CEs & CMEs**

**EVENT LOCATION**

Suburban Collection Showplace  
6100 Grand River Ave  
Novi, MI 48374

Presented by the Michigan Parkinson Foundation in conjunction  
with Wayne State University, Institute of Gerontology & School of Medicine

# Professional Track

Responsive, Quality, Compassionate Care for the Person with Parkinson's Disease | JUNE 14, 2019

8:30 am – 9:15 am

## **LTC and Short Term Skilled Care: Challenges and Guidelines for Parkinson's Care**

Elizabeth Brunner, RN, Train the Trainer with National Assn. of Directors of Nursing Administration.

- Patient Centered Care
- Barriers to Care
- Parkinson Population in Facilities

9:15 am - 9:30 am Break

9:30 am – 10:45 am

## **Parkinson's Disease: Best Practices for Person Centered Care**

Danette C. Taylor, DO, MS, FACN, Service Chief, Neurology Henry Ford West Bloomfield Hospital.

Brian Cooper, OT, Residential Home Health Care

What does Parkinson's look like? How does it present itself? Understanding and Managing Episodes.

- What causes an "off episode?"
- Managing "freezing"
- Rigidity
- Dyskinesia
- Scheduling activities around optimal medication effectiveness

10:45 am – 11:00 am Break

11:00am – 12:00 pm

## **Managing Medication for Better Health Outcomes**

Kara Wyant, MD, Movement Disorder Specialist, Clinical Assistant Professor in Neurology Michigan Medicine, University of Michigan.

- Types of PD medications
- Timeliness, unique for each patient
- Impact of a missed dose
- Protocol for a missed or late dose
- Side effects
- Interactions with other drugs

12:00 pm – 1:00 pm Lunch

1:00 pm – 2:00 pm

## **How to Meet the Nutritional Needs of a Parkinson's Patient**

Stephanie M Gjonaj, RD System Coordinator Patient and Retail Nutrition, Henry Ford Macomb Hospital

Michael Courtney, RDN CIENA Healthcare Corporate Dietitian

2:00 pm – 2:15 pm Break

2:15 pm – 3:15 pm

## **Advances in Translating Fall Risk Reduction for Older Adults in the Real World**

Neil Alexander, MD, University of Michigan VA Ann Arbor Health Care System GRECC.

3:15pm – 3:30 pm

Wrap up from Elizabeth Brunner, RN, Q and A, and evaluation.

# Care Partner & Patient Track

Responsive, Quality, Compassionate Care for the Person with Parkinson's Disease | JUNE 14, 2019

8:30 am – 9:15 am

## **Navigating Late Stage Parkinson's Disease**

Edwin George, MD, PhD, Director Movement Disorders Center  
Wayne State University Neurology

- Balance and Falls
- Orthostatic Hypotension
- Memory and Hallucinations
- Motor Fluctuations
- Adaptations for the Home
- In-home-care
- Palliative Care
- Hospice care

9:15 am - 9:30 am Break

9:30 am –10:45 am

## **Care for the Care Partner**

Emily Pipesh, MSW  
Michigan Parkinson's Foundation

10:45 am –11:00 am Break

11:00am –12:00 pm

## **Diagnosis and Management of Neuropsychiatric Symptoms in Parkinson's**

Lauren Beth Gerlach, DO, MS,  
Michigan Medicine Geriatric Psychiatry, East Ann Arbor Health & Geriatrics Center

12:00 pm – 1:00 pm Lunch

1:00 pm – 2:00 pm

## **Long-term Care Options for my Family Member**

What should you consider when selecting a long-term skilled nursing facility or assisted living?

Wendy Jones, Next Steps for Seniors

2:00 pm – 2:15 pm Break

2:15 pm – 3:15 pm

## **Nutrition and Swallowing Issues with Parkinson's Nutrition Panel Discussion**

Richard M. Merson, Ph.D., CCC-SLP  
Speech-Language Pathologist, Beaumont Health-Royal Oak, MI

Kathleen Roeder, MA , CCC-SLP  
System Dir., Adult Division, Speech-Language Pathology, Beaumont Health-Royal Oak, MI

Mary Osak, RD  
Clinical Dietician, Beaumont Health, Royal Oak, MI

3:15pm – 3:30pm

Wrap up from Elizabeth Brunner, RN, Q and A, and evaluation.



JUNE 14  
2019

## Symposium Planning Committee

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**Brian Cooper, OT**

Residential Home Health Care

**Karen Freshwater, PA-C**

Bronson Neuroscience Center

**Edwin George, MD, PhD**

Director, Movement Disorders Center,  
Wayne State University Neurology,  
John D Dingell VAMC Movement Disorders  
Clinic VA Multiple Sclerosis Center of  
Excellence East, Detroit

**Mary Sue Lanigan**

Chief Executive Officer  
Michigan Parkinson Foundation

**Donna MacDonald**

Dir. of Community Outreach and Professional  
Development, WSU, Institute of Gerontology

**Richard M. Merson, Ph.D., CCC-SLP**

Speech-Language Pathologist  
Beaumont Health-Royal Oak, MI

**Emily Pipesh, MSW**

Staff Social Worker  
Michigan Parkinson Foundation

**Danette C. Taylor, DO, MS, FACN**

Service Chief, Neurology  
Henry Ford West Bloomfield Hospital

**Kara Wyant, MD**

Clinical Assistant Professor in Neurology  
Michigan Medicine, University of Michigan

## Symposium Faculty

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**Neil Alexander, MD**

University of Michigan  
VA Ann Arbor Health Care System GRECC

**Elizabeth Brunner, RN**

Train the Trainer with National Assn.  
of Directors of Nursing Administration.

**Brian Cooper, OT**

Residential Home Health Care

**Michael Courtney, RD**

Corporate Head of Nutrition  
Ciena Healthcare

**Lauren Beth Gerlach DO, MS**

Michigan Medicine Geriatric Psychiatry  
East Ann Arbor Health & Geriatrics Center

**Edwin George, MD, PhD**

Director, Movement Disorders Center, Wayne  
State University Neurology, John D Dingell  
VAMC Movement Disorders Clinic, VA Multiple  
Sclerosis Center of Excellence East, Detroit

**Stephanie M Gjonaj, RD**

System Coordinator Patient and Retail Nutrition  
Henry Ford Macomb Hospital

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Speech-Language Pathology,  
Beaumont Health-Royal Oak, MI

**Danette C. Taylor, DO, MS, FACN**

Service Chief, Neurology  
Henry Ford West Bloomfield Hospital

**Kara Wyant, MD**

Michigan Medicine, University of Michigan  
Clinical Assistant Professor in Neurology

# Responsive, Quality, Compassionate Care For the Person with Parkinson's Disease

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**Venue:** Suburban Collection Showplace 6100 Grand River Ave, Novi, MI 48374

**Presented by:** the **Michigan Parkinson Foundation** in conjunction with **Wayne State University Institute of Gerontology**

**Goal:** To educate health care professionals and family members who provide daily care for people with Parkinson's.

**Audience:**

Administrators and nursing staff in long-term care and assisted living facilities, short and long term rehab facilities, home health care agencies, and family members who are providing daily care for a loved one with Parkinson's disease.

**Format:** The program will offer a dual track:

- Health Care Professionals with CMEs, and CEU's offered for RN's, social workers, physical therapists, occupational therapists, speech pathologists and nursing home administrators
- People with Parkinson's and their care partner

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## FINANCIAL SUPPORT

This program has been made possible by generous grants from Adamas Pharmaceuticals, Acorda Therapeutics, Acadia, Boston Scientific, The Recovery Project, Sunovion, and US WorldMeds.

## JOINT PROVIDERSHIP ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of Wayne State University School of Medicine and the Michigan Parkinson Foundation. The Wayne State University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The Wayne State University School of Medicine designates this live activity for a maximum of **5.25 AMA PRA Category 1 Credits™**. Physicians should claim the credit commensurate with the extent of their participation in this activity.

## REGISTRATION FEE

\$100 Physicians, \$65 Other health care professionals & physicians in-training, \$35 (each) Parkinson's patients & family/friend care partners

**To mail in registration:** enclose a check (U.S. currency) payable to, WSU Institute of Gerontology.

**To register on-line visit:** <https://commerce.wayne.edu/iog/>

Please register by June 7, 2019. Request for refunds must be made by June 7, 2019 The registration fee minus a \$25 processing fee will be refunded after the Symposium. No refunds will be given after June 7, 2019. If you are a family/friend care partner or a Parkinson's patient, special exceptions are made for refunds. For assistance, contact Donna MacDonald at 313-664-2605.

# Objectives

## 5.25 CEs & CMEs

Responsive, Quality, Compassionate Care for the Person with Parkinson's Disease | JUNE 14, 2019

- Understand the new pharmacological guidelines in medication management for persons with Parkinson's and the side effects associated with time management of the drug.
- Understand the cognitive decline, mobility decline, and nutritional decline associated with Parkinson's and differentiate it from other neurologic disorders.
- Explain the swallowing mechanisms and nutritional barriers that are associated with Parkinson's and the new nutritional guidelines and the importance of speech and nutrition pathology in the treatment of Parkinson's.
- Understand the patient-centered approach to Parkinson's care in the LTC and short-term skilled nursing facilities and what barriers there are in carrying out these guidelines.
- Understand LTC best practices for Parkinson's patients and fall prevention interventions.
- Understand the cause of dyskinesia and motor fluctuations and how to treat them.

The Wayne State University School of Medicine designates this live activity for a maximum of **5.25 AMA PRA Category 1 Credits™**. Physicians should claim the credit commensurate with the extent of their participation in this activity.

**5.25 CONTACT HOURS NURSING:** This activity has been submitted.

**5. CE SOCIAL WORK:** Institute of Gerontology, Wayne State University is an approved provider with the Michigan Social Work Continuing Education Collaborative. Approved Provider Number: MICEC-0068.

**5.25 CE NURSING HOME ADMINISTRATORS:** This program was submitted to the MI Board of Nursing Home Administrators. Application submitted.



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[iog.wayne.edu](http://iog.wayne.edu)



[parkinsonsmi.org](http://parkinsonsmi.org)

REGISTRATION DEADLINE JUNE 7, 2019

MAILING ADDRESS

Name \_\_\_\_\_  
Prof. License # \_\_\_\_\_  
Organization \_\_\_\_\_  
Street \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_  
Ph: \_\_\_\_\_ E-mail \_\_\_\_\_

Mail form and payment to:

ATTN: Parkinson's Symposium  
Institute of Gerontology  
87 East Ferry, Detroit, MI 48202

Please indicate CE credits you wish to receive:

- Nursing
- Michigan Nursing Home Administrator
- Attendance Certificate
- Social Work
- OT/OTA
- PT/PTA
- CMEs

Please check here if you have a disability or require any meal accommodations to fully participate in this activity. You will be contacted by the conference coordinator.

**Refund Policy:** Registrations accepted on a first-come, first-served basis. Substitutions are accepted at any time. A full refund, less a \$25 fee, will be granted if request received by June 7, 2019. No refunds for no-shows and late cancellations. If you are a family/friend care partner or a Parkinson's patient, special exceptions are made for refunds.

FEE SCHEDULE

CMEs: **\$100**

Other Professionals: **\$65**

Care Partner & Parkinson's Patient: **\$35 each**

TOTAL AMOUNT ENCLOSED

\$ \_\_\_\_\_

Check  Money order  Enclosed is verification (purchase order/authorization) of my agency's commitment. Make checks payable to: *WSU, Institute of Gerontology*

VISA  Master Card  # \_\_\_\_\_ Exp. Date \_\_\_\_\_

Name on card \_\_\_\_\_

Signature \_\_\_\_\_



Institute of Gerontology  
Promoting Successful Aging in Detroit and Beyond

FOR ASSISTANCE CONTACT:

Donna MacDonald at: 313-664-2605 or donnamacdonald@wayne.edu

