

## A Meaningful Life with Alzheimer's Disease

Tuesday, Nov. 19, 7:45 am – 12:05 pm

*This conference is presented in partnership with the Mental Health and Aging Project, and the Geriatric Workforce Enhancement Program (AGREED) Grant. We thank them for their support.*

*Join us in person and enjoy a hot breakfast & networking!*

LOCATION: Schoolcraft College VisTaTech Center  
18600 Haggerty Rd., Livonia, MI 48152

### 2024 AGENDA

7:45-8:30 am | Registration  
Full, hot breakfast & visit vendors

8:30 am | Welcome

8:35 - 9:50 am | Keynote

***Cognition in Focus: Where We Stand in Alzheimer's Research & Practical Strategies for Supporting Brain Health***  
by Ana Daugherty, PhD

*Dementia is a global health concern affecting 55 million older adults. What new milestones have been achieved in dementia diagnosis and treatment over the last five years? We will review the hallmarks of typical aging and how they differ from dementia plus offer practical advice about lifestyle and health factors that can build cognitive resiliency.*

9:50 - 10:15 am | Coffee & Beverage Break

10:15 - 11:30 am

***The Crossroad of Communication & Behaviors: New Approaches***  
by Joanna LaFleur, TRS, BS  
CEO/Founder Memory Lane Foundation

11:30 am - Noon

***And the Caregiving Journey Continues . . .***  
By Jim Mangi, PhD  
Caregiver and Alzheimer's Educator

Noon - 12:05 pm | Closing

Registration & more information at:  
<https://shop.prod.wayne.edu/iog/iog/>

- DETAILS NEXT PAGE -



**Ana Daugherty  
PhD**

Dr. Daugherty is the director of the Healthy Brain Aging Laboratory at the Institute of Gerontology where she studies health factors and behaviors that shape brain changes in structure and function. The *Detroit Aging Brain Study*, a 23-year research project in metro Detroit explores brain aging and protective factors across the lifespan.



**Joanna LaFleur  
TRS, BS**

Ms. LaFleur is founder and CEO of the Memory Lane Foundation created to raise awareness of dementia, educate the public, and provide advocacy, grief support, and resources for families and professionals. She also founded *Memory Lane Assisted Living* to offer high-quality, person-focused dementia care.



**Jim Mangi  
PhD**

Dr. Mangi is a retired environmental scientist caring for his wife diagnosed with Alzheimer's disease in 2008. He presents educational talks about his caregiving journey and how to navigate a dementia diagnosis through all its stages. He's been instrumental in establishing Saline, MI, as a dementia-friendly city.



*A Meaningful Life with Alzheimer's Disease*

**\$40**

To earn 3 CEs and attend IN-PERSON register at:

<https://shop.prod.wayne.edu/iog/iog/in-person-2024-a-meaningful-life-with-alzheimer-s-disease-3-ce-s.html>

**QUESTIONS?** To register an in-person group of 5 or more contact:

[DonnaMacDonald@wayne.edu](mailto:DonnaMacDonald@wayne.edu)

**\$25**

To earn 3 CEs and attend via ZOOM register at:

<https://shop.prod.wayne.edu/iog/iog/attend-via-zoom-2024-a-meaningful-life-with-alzheimer-s-disease-3-ce-s.html>

*All Zoom attendees will receive a link one week prior to the conference.*

**FREE**

for those living with dementia and their caregivers.

To attend in-person or by Zoom register at:

<https://shop.prod.wayne.edu/iog/iog/>

**NO CEs PROVIDED**

**Cognition in Focus: Where We Stand in Alzheimer's Research & Practical Strategies for Supporting Brain Health**

by Ana Daugherty, PhD

Objectives

1. Review the current trends in Alzheimer's disease clinical research
2. Describe research advances in early detection of risk for cognitive decline and dementia
3. Summarize evidence for everyday activities that build resiliency against dementia risk

**The Crossroad of Communication & Behaviors: New Approaches**

by Joanna LaFleur, TRS, BS

Objectives

1. Understand the underlying causes of dementia-related behaviors
2. Implement effective communication strategies
3. Identify the core elements of person-centered approaches in care

**And the Caregiving Journey Continues . . .**

by Jim Mangi, PhD

Objectives

1. Identify key factors affected by caregiving duties and interventions for success
2. Discuss how to develop a dementia friendly community in your area

**3 CONTACT HOURS NURSING:** This activity has been submitted to Louisiana State Nurses Association–Approver for approval to award contact hours. Louisiana State Nurses Association–Approver is accredited as an approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. ANCC Approver A0110.

**3 CEs SOCIAL WORK: NASW and Michigan**

This program is approved by the National Association of Social Workers (Approval #886813915-5809) for (3) continuing education contact hours. The Institute of Gerontology at Wayne State University is an approved provider with the Michigan Social Work Continuing Education Collaborative. Approved Provider Number: MICEC-0066.

**CASE MANAGERS:** This program is pre-approved by the Commission for Case Manager Certification to provide continuing education credit to CCM® board-certified case managers. Approved for 3 CE contact hour(s). Activity code \_\_\_\_ Approval # \_\_\_\_

**Certificate of Attendance** for other disciplines including General, Recreational Therapists, Occupational Therapists and Physical Therapists.

**Wayne State University A.G.R.E.E.D. Geriatric Workforce Enhancement Program (GWEP)**

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