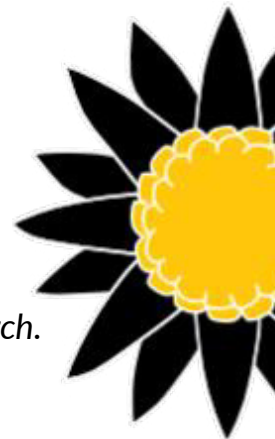


Why Join the Healthier Black Elders Center?

The Healthier Black Elders Center (HBEC) encourages African American older adults to consider participating in research. Joining the HBEC will help increase the number of studies focused on improving the health of older African American adults, a group currently underrepresented in research.



LASTING IMPACT



The Healthier Black Elders Center is part of the Michigan Center for Urban African American Aging Research (MCUAAAR) supported by a grant (P30 AG015281) from the National Institutes of Health.

The Healthier Black Elders Center is hosted at Wayne State University Institute of Gerontology. It maintains a Participant Resource Pool (PRP) database of older African American adults interested in participating in research that addresses health disparities that exist within their community.

Benefits of becoming a member:

Connection: HBEC boasts over 1,100 members and growing. Join us at our monthly Lunch & Learns or on our weekly Party Line call to connect with other HBEC and community members. All are welcome to attend our programs regardless of membership!

Representation and Safety: Our Community Advisory Board (CAB) members are Black older adults from our community with various backgrounds. CAB members ensure studies are safe and ethical, and Lunch & Learn topics are meaningful to HBEC members. The HBEC CAB and Institutional Review Board examine every study before it is allowed to recruit.

Health Education: The more we know, the better we live. HBEC members have access to year-round health programs on topics such as, staying fit after 50, managing diabetes, and how participating in democracy impacts our health and well-being. We mail a bi-annual newsletter with health information, current research, and community events.

Compensation: Your time and effort is important to us. Many of our studies provide compensation. Compensation rate will be discussed with you prior to joining a study.

No Clinical Trials: HBEC does not engage in clinical testing or medication trials. Studies typically involve (but are not limited to) basic health tests such as blood pressure readings, surveys, focus groups, and skills testing, but do not involve taking a medication or trying a new procedure.

All Studies are Voluntary: HBEC members are not required to participate in research in order to maintain membership. When you are contacted by one of our research teams, you always have the choice to join or decline any study.



INSTITUTE OF GERONTOLOGY
WAYNE STATE UNIVERSITY



IRB#119102B3E

Jul 22, 2023 - Jul 21, 2024

APPROVAL PERIOD



WAYNE STATE UNIVERSITY
INSTITUTIONAL REVIEW BOARD

Please scan this QR code to fill out our brief 15-minute survey.



BECOME AN HBEC MEMBER TODAY!

Want to learn more?

Call us at **313-664-2616** or visit our website using this link: **<https://bit.ly/AboutHBEC>**.