



Yes, I'd like to donate!

- \$50 \$100 \$250
- \$500 \$1,000
- Other _____

Honor Circle Members (\$250+) will be recognized at AHF events.

Method of Payment

Check: Make payable to the American House Foundation

Mail To 87 East Ferry Street
Detroit, Michigan 48202
Attention: Terri Bailey

Credit Card:

- VISA MasterCard
- # _____

Exp Date: _____

Signature: _____

Or Call 313 875 9048 or
248 203 1800 with Credit Card
information above.

Donor Information

(for tax receipt purposes):

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Company: _____

Address: _____

City: _____

State, Zip: _____

Phone: _____

Email: _____

In Honor of:

Name: _____

Gift Notification to:

Name: _____

Relationship to Honored is: _____

Address: _____

City: _____

State, Zip: _____

Phone: _____

Email: _____

Thank you for helping provide
dignity and hope for seniors.

Questions or Comments?
Email dconti@americanhouse.com

THE SENIOR VOICE FALL/WINTER 2010
A newsletter for donors and friends of the American House Foundation

For more information, call 248 203 1800 or 313 875 9048, email
dconti@americanhouse.com or check americanhouse.com/foundation



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*If you wish to remove your name from future fundraising efforts
please contact Danielle Conti at 248 203 1800.*

The Senior Voice



FALL / WINTER 2010 Providing Dignity and Hope For Seniors

HOLIDAY HOPE For Seniors

The holidays are a time filled with family, friends and good cheer. Unfortunately, many seniors in our community are alone, without adequate heat, electricity or nutrition. While we're all keenly aware of putting a smile on the face of a *child* during the holidays, the American House Foundation (AHF) has stepped forward with their signature program, *Holiday Hope for Seniors* to bring joy and comfort to seniors during the holidays.

In its 2nd year, the goal of this program is to raise \$75,000 to provide food, gifts and items of need for over 250 area seniors, all identified by *Lighthouse of Oakland County*.



2009 Holiday Hope Luncheon at Lighthouse of Oakland County.

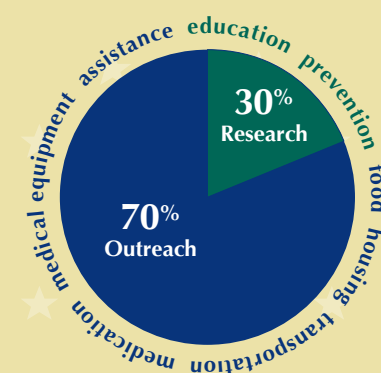
On November 4th, every *American House Senior Living Community* will hold a tree lighting ceremony and invite residents, friends, family members and local area businesses to join in this celebration – and to raise the much needed funds to support our seniors. Over 100 volunteers from *American House, Lighthouse* and *Wayne State University* will join together to deliver the items during the first two weeks of December.



2009 Holiday Hope Tree: an American House resident chooses a gift to donate to a senior in need.

"The most unique thing about *Holiday Hope for Seniors* is that it engages seniors helping other seniors," says Dr. Peter Lichtenberg, Director of the *Institute of Gerontology at WSU* and member of the AHF Board of Directors. "This brings hope and a sense of purpose to everyone involved - something with benefits far outlasting the holiday season."

To support this program as a donor or a volunteer, please call Danielle Conti at 248 203 1800.



mission statement

The mission of *American House Foundation* is to improve the quality of life for older adults in Southeast Michigan. By investing in research and outreach, we are working to correct health and aging disparities and provide assistance to identified individuals in need.

Making A Difference, One Life at a Time

Rebekah Walker has pursued her life-long career as an artist well into retirement. Drawing, painting and teaching, she has been active in many programs throughout the years. In 2009, diagnosed with glaucoma, Mrs. Walker needed new glasses but was not able to afford them. Under current plans, seniors who have Medicare do not have routine optical coverage unless they hold a supplemental policy. For Mrs. Walker and many other area seniors, there is simply no room in a monthly budget to afford a health plan that provides full care without sacrificing utilities, food and prescription medication. Fortunately for Rebekah, Pam Halladay, Senior Program Officer at the *Hannan Foundation* in Detroit, knew where to go for help: the *American House Foundation*.

With approval of a grant for \$338.00, Ms. Halladay was able to provide Mrs. Walker an eye examination and two pairs of glasses. Now she can see clearly again, and is able to enjoy and share with the community, the beauty of her art work.



Preserving Dignity and Independence

The measure of a person's independence can lie in the ability to make choices and care for oneself. Mary Wyman, 90, chose to stay at home and healthy thanks to the safety bars installed in her bathroom by a grant from the *American House Foundation*.



Filling in Gaps and Meeting Basic Needs

A small problem can quickly become an insurmountable disaster. When Queen Walker's stove stopped working, she was unable to provide healthy and affordable meals for herself and her disabled husband. Both in their 80's, this would have quickly led to financial and physical problems so the *American House Foundation* stepped in and provided the Walkers with the means to maintain their good health.



Providing Hope, Freedom and Quality of Life

Freedom is at the heart of quality of life. In 2010, the *American House Foundation* provided walkers, tires and railings for seniors in need. (Clockwise from upper left) Mr. Fabian aged 79, Mrs. VanDiver aged 63, Mr. Hage aged 76 and Mr. Vega aged 78 are just a few of the seniors who are still active and independent because of the generosity of donors like you.

Your Hard Earned Money at Work...

Created in 2007, the *American House Foundation* has raised **\$250,000** to date and helped close to **1,000** metro Detroit area seniors in need. **96%** of all funds raised support the causes for which they're intended. **4%** of all funds raised support administrative responsibilities.

Small Donations. Big Impact.

- \$14 buys a bag of groceries
- \$27 buys a new blanket
- \$119 buys a pair of eyeglasses

Special Thanks to our 2009 Honor Circle Members

President's Circle (\$2500)

American House Senior Living Communities
Resident and Friends of American House Senior Living Communities
J. Robert Gillette
Robert and Kari Gillette
The Medical Team
Redico LLC / Continuum Services
Joseph and Mary Schwartz
Sysco Food Services

Barron, Rosenberg, Mayoras & Mayoras, P.C.
Henry Ford Health Systems
Hospice of Michigan
InStar Services Group
Geraldine Pietrosante
Samuel L. Westerman Foundation
The Senior Alliance
Simasko, Simasko & Simasko, P.C.
Sullivan, Ward, Asher & Patton, P.C.

Hobbs and Black Associates
The Information Center
Jaffe, Raitt, Heuer & Weiss
Jarvis Property Restoration
David Joswick
Kenneth and Angela Kadowaki
Garrett and Pamela Kanehann
Lucy M. Kauffman
Lance Keziah
Kitch, Drutchas, Wagner, Valitutti & Sherbrook, P.C.

Patron Society (\$250-\$499)

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Area Agency on Aging 1-B
Barazsu & Cross, P.C.
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Scott and Amy Hagerstrom
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George and Christi Hanzel
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Senator's Club (\$1000-\$2,499)

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Great Rock Asset Management
Huntington National Bank
David Mansky
Fox Hills Medi-Mart
National Wholesale Printing
Susan and Matthew Paroly
Runco Waste Industries
Karl and Jessica Schwartz
Spark Creative
Spectrum Home Care

Congressional Club (\$500-\$999)

Derek Ashcraft

Volunteer or Donate Today!

To **volunteer**, call Danielle Conti at **248 203 1800** or email dconti@americanhouse.com.

To **donate**, call **248 203 1800** or **313 875 9048** or fill out the form on back of newsletter and mail to: **American House Foundation Attn: Terri Bailey 87 East Ferry Street, Detroit, Michigan 48202**

Resources for Today, Research for Tomorrow

A recent study by the National Association of *Area Agencies on Aging* found that less than half of American communities are prepared to adequately address the needs and assets of a population that is growing older. *Seniors Count!*, a project funded by the *American House Foundation* along with the *Kresge Foundation* and the *Community Foundation of SE Michigan* is investigating and recording vast amounts of demographic data about our aging population. Modeled after the national program *KIDS COUNT!*, this project will

provide the information necessary to help communities and businesses prepare for the coming age wave. The *American House Foundation* dedicates 30% of its funding to research at the Institute of Gerontology at Wayne State University. "Without a strong understanding of the problems that seniors face, and solutions to address them, we will not be effective in improving the quality of life for older adults in our community," says Robert Gillette, Chairman of the Board.