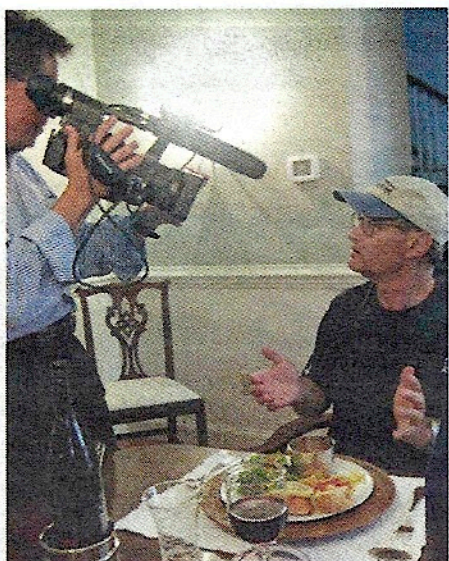
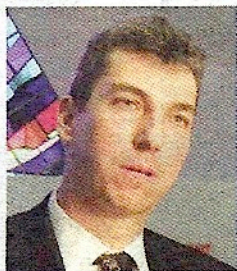


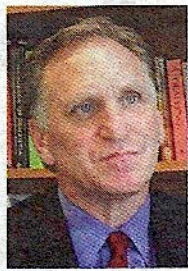
Alfred Taubman



Dr. Kim Eagle



Rabbi Joseph Krakoff

Dr. Peter  
Lichtenberg

Photos: Embrace of Aging

## Getting Older

New documentary helps men embrace aging.

As the United States continues to proportionately get older, more people are looking for ways to prolong their youth, age with dignity, maintain their health and, overall, embrace aging.

Ten-time Michigan Emmy award-winning director/producer Keith Fامية of Novi seeks to answer some of these questions in his new three-part documentary series, beginning with *The Embrace of Aging: The Male Perspective of Growing Old*.

On Sunday, Feb. 24, hundreds will gather at Shriners Silver Garden Event Center in Southfield for the documentary premiere, as well as a healthy meal and advice from experts and a long cast of "characters" on how men deal with the trials and tribulations of aging.

Chuck Gaidica of WDIV will serve as the emcee for the dinner/film screening; and Stewart Francke, also featured in the film, will perform. Comedian Bill Mihalic, who has written for Jay Leno, will share his thoughts on the aging man.

The evening will conclude with a sneak preview of the second in Fامية's series, *The Embrace of Aging: The Female Perspective of Growing Old*, currently in production, that will feature Dr. Eve Feldman, a genetics researcher at the University of Michigan, who is working with stem cells, and Lola Taubman, a Holocaust survivor.

*The Embrace of Aging* follows the latest progressive teachings; well-known

medical universities; and the advice of health gurus, spiritual leaders, psychologists and men of all walks of life from vastly different environments, all facing the inevitability of growing old.

The film focuses on topics ranging from heart disease and prostate cancer to diabetes and Alzheimer's disease to arthritis and the importance of exercise.

*The Embrace of Aging* also follows the personal stories of men at various ages and stages of their lives and takes a look at senior living neighborhoods and hospice centers.

Several men from Metro Detroit's Jewish community will be featured, including philanthropist and businessman Alfred Taubman, Rabbi Joseph Krakoff of Congregation Shaarey Zedek in Southfield, Dr. Peter Lichtenberg from Wayne State University's Gerontology department, and Dr. Kim Eagle, professor of internal medicine at the University of Michigan Cardiovascular Center in Ann Arbor.

Tickets are \$75 each, and can be purchased by calling (248) 869-0096. Doors open at 5 p.m. *The Embrace of Aging: The Male Perspective of Growing Old* series also is slated to air on Detroit Public Television as a special seven-part series, including footage not seen in the film premiere. Dates and times soon to be announced.

For more information on *The Embrace of Aging*, including the trailer, photos and stories of elements in production, visit [www.embraceofaging.com](http://www.embraceofaging.com). □