

Lesson 6: Living Social Overview

Goals:

1. Identify ways to engage in social behavior
2. Learn importance of socialization on brain health
3. Participate in a variety of social activities

Materials needed:

- Paper and pen or pencil to write down poem
- Enough sticks, straws (or other counting devices) so each group of two has at least 30.
- Willingness to share and work together

Length:

About 40 minutes

Activities:

1. Share-for-a-stick time: Everything you have in common with a partner earns you a stick
 2. Group poem
 3. Guess the brain teasers - interactive
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