

Help for Caregivers Who Handle Other Peoples Money

Caregiver Empowerment Online Tools

Explore Family & Friends on OlderAdultNestEgg.com

Lichtenberg OLDER ADULT NEST EGG

About For Professionals **For Family & Friends**



OlderAdultNestEgg.com was created by **Peter Lichtenberg, PhD, ABPP** Dir, Institute of Gerontology Wayne State University



OlderAdultNestEgg.com was created to support the financial autonomy of older adults and ensure that they are protected when needed. At the heart of this effort is Dr. Lichtenberg's desire to empower caregivers and seniors with the information they need to advocate for themselves and also provide access to trusted resources for support.

Learn, Support & Protect

Caregiving duties can overwhelm even the most well-intentioned relative or friend. Older Adult Nest Egg offers reliable, accurate and trustworthy information to help you help navigate your caregiver journey. Financial health an important part of overall health.

Visit: www.OlderAdultNestEgg.com/for-family-and-friends/

Online Friends & Family Questionnaire (FFQ)



VIEW SAMPLE REPORT

Created after years of [research and validation](#), the **FFQ** is trusted by professionals and caregivers alike. It provides a clear picture of an older adult's financial decision-making and vulnerability around a single important financial decision. Your FFQ report includes:

- A complete transcript of your responses
- An easy-to-understand Risk Score
- More information on what factors contributed the risk score received.
- Next steps tailored to the FFQ Risk Score
- Links to helpful organizations for additional guidance

Download the report for your own records or share it with a relative, friend or trusted professional.

[START TODAY](#)

Self-paced videos on Common Caregiver Challenges

Detecting Early Cognitive Impairment

[VIEW HERE](#)



Holding Difficult Conversations

[VIEW HERE](#)



Detecting Financial Mismanagement

[VIEW HERE](#)



Managing Someone Else's Money

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Caregiver Newsletter

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for our *Caregiver Connection* newsletter for virtual workshops and resources designed especially for caregivers of older adults.